



Chakra Six Vows - Seeing Your Place

(Remembers all the vows; Recreates the past)

Limiting Chakra Six Vows:

- I vow to never forgive or forget what my (father, mother, grandmother/father, etc.) did to me
- I vow to never see the world in the same limited way as my mother
- I vow to see the world in a good light all the time
- I vow to never let go of any wound or trauma in my life since I want to always be protected from them
- I vow that after the age of 35 I should know what I should do with my life
- I vow to live my big dreams, unlike my parents who never dreamed big
- I will never believe what my father believed about how to raise children
- My dad was right: you keep business and home life separate
- I vow to always be smart and know what to do
- I vow to avoid all negative images in the world; I see the good only
- I vow to be the perfect ideal mother; "at home loving mother" is the ideal
- I vow to see and watch the world, events, and people objectively
- I vow to see the world as unsafe and dangerous
- I vow to suppress and deny my violent feelings and mental images



Freedom Statements to Release the Limiting Chakra Six Vows:

- I am open to seeing the world, and my place in it, as the perfect place to launch my life purpose in each moment
- I am open to healing all my past wounds and traumas by seeing them as the best thing that ever happened to me; This frees me to let the present moment be felt as the best thing that ever happened to me so I can experience the joy of life now, not later!
- I am open to being compassionate with myself as I see that any wound from my past that I hold onto in my mind strongly enough gets recreated over and over in my life
- I am open to letting my deepest callings and feelings guide the visions of my life more than my fears and negative mental patterns
- I am open to doing what I know I should do, and not doing what I know I shouldn't
- I am open to seeing myself and the world as brand new, fresh, and unfolding in each moment
- I am open to letting my vision be a lens to see everything (including me) as it is happening as fresh, alive and in perfect harmony with life around me, not broken or wrong in any way
- I am open to seeing that where I am in every moment is the perfect place to live my life purpose
- I am open to seeing the light of God shining in the eyes of everyone I meet
- I am open to being aware of both what I think and what I feel, so I know that where I am is exactly where I am supposed to be
- I am open to the idea that I have a form of intelligence that no one has ever seen before and I will not judge it in any way, I will just enjoy my brilliance
- I see that I am both free to make any decision and I am guided to commit to certain paths, even though they can be difficult
- I am open to my profile and my 12 archetypes as the primary creators and magnets for what comes to me in my life; I embrace both the dark and the light in each fully