



Soul Point Vows

Limiting Soul Point Vows:

- I vow not to trust in God - god shouldn't let all the bad in the world be happening. You need to watch out for yourself.
- I vow to always be good and obey spiritual and/or religious laws; I don't want to go to hell.
- My soul belongs to god, judgment day comes after you die, I will never be a sinner.
- Souls are some crazy church idea that you are going to heaven or hell. Who cares? When you are dead, you're dead. Get what you can now, make a good life for yourself and family.
- I vow not to need anyone and to go it alone.
- I vow to feel a total oneness all the time and, like Wayne Dyer says, be more spirit than matter.
- I often feel depressed when I think, "Is this all there is?"
- I vow to always see who I am and what I do as 'not enough' or 'I could have done better'.
- The ends justify the means; sometimes you have to exploit others to make it in this world.
- My soul is very advanced. That is why I am so forgiving, psychic and successful.
- I am a channel of divine light that heals those less fortunate than I am, I pray for them.
- I vow to never trust in chance; I build an island of money, houses, people and security.
- I vow to strive for inner peace and wholeness; it is my highest purpose.
- I vow to never be at peace or satisfied; nothing is ever perfect.
- I vow to just keep working, since that is the only way to succeed in the world.
- What good is having an eternal soul if it can't help me be more successful?
- A good person is selfless and sacrifices their life for the good of all.
- My mission is like Jesus, to save and heal others.
- I vow to be tough and not feel or show my feelings; life is too painful that way.
- I vow to go to church and be a good person in my life.

Freedom Statements to Release the Limiting Soul Point Vows:

- I am open to feeling and seeing the kingdom of heaven radiate from within me.
- I am open to seeing my soul as my conscience, forever guiding me to live from my heart and deep inner feelings, not from my thinking and worrying.
- Sin is not something I am judged for by God, it is when I know what to do and don't; I am my own judge and I am the only one who I can forgive me.
- When I am open to feeling my soul, it has very simple needs - love, compassion, forgiveness, reverence.
- When my life is not easy, I am open in each moment to thanking God that I have so much to help me grow and strengthen my character.
- I am open to the power of my eternal soul that is effortless and loving and unbendable in its mission for unity and oneness.
- I am open to the awareness that, by simply touching my soul, I can heal all wounds and ills.
- Touching my soul is as simple as trusting that who I am in this moment is God's body and voice and thoughts.
- I am open to loving myself as I am, where I am.
- I am open to looking in the eyes of others to see the reflection of my soul, "am I shining"
- I feel God in every living being and love to share my gifts and love with others.
- I am open to having faith that all of life's questions are answered now from within my environment.
- I am open to seeing that my soul is my consciousness; it thinks with my mind, sees with my eyes, speaks with my voice and loves with my heart. I am my soul.
- I am open in each moment to my thoughts, life, and everything I see and do being in service to my soul.
- I am open to seeing the unfiltered soul in myself. When I can do this, I can see the soul in others; when I see the soul in others, I love them and see our similarities, not differences.
- I will do my part today to bring more people into love, harmony and connectedness by challenging my own feelings of separateness and reaching out and sharing love.
- I am open to letting in the idea that the best way to love God is to be happy and love with all my heart; I will start with the person in front of me.