



Inner Light Point Vows

Limiting Inner Light Point Vows:

- I vow to only believe what I can see
- I vow to only see the spiritual in everything, since my parents were so materialistic
- I vow to never see energy or chakras; that is too scary
- I see angels and guides everywhere; they are more real than people
- I know others better than they know themselves
- I vow to only see the function of everything; beauty is reserved for flowers and art
- I vow to see the world is not alive; everything is just solid matter that we use or don't use
- My vision of the future is dark
- I vow to protect myself by seeing the bad more than the good in people
- My psychic visions are often about someone having an accident, so I don't want to see them
- I get depressed from my dark thinking
- I vow to always see the brighter side of life
- I vow to be smart and clever with my mind
- I can never figure life out; it just looks like chaos
- I spin in my head and feel foggy when I have a tough decision to make



Freedom Statements to Release the Limiting Inner Light Point Vows:

- I am open to looking at both the physical parts of life and the underlying life that is in all things, even rocks
- I see God hiding in every atom of reality, brilliantly connecting and creating the Universe and life as we know it
- My guiding light is standing in front of me and beams back at me when I look in the mirror or in the eyes of a friend
- I see the world and universe as life itself, not as separate from me, but part of me; life and I are one
- My mind is brilliant and playful in all its activities
- I can see and feel that I am made of light
- I am open to seeing the world or others as forever creatively changing and never the same way twice
- I am open to seeing the divine in all things
- I am open to my own flavor of genius
- I am open to seeing the brilliance and light at the center of all forms and people
- I am open to seeing everything in the universe as alive and dynamic
- I am open to seeing the light of the soul in the eyes of everyone I know and meet
- I see myself in the light of the eyes of the people I know
- I see my own soul and its connection to all things in the simplest moments