



## Character Profiles / Virtual Reality Wound and Life Purposes

Virtual Reality and Core Patterns	<b>Thinker</b> (Creative Idealist)	<b>Poor Me</b> (Emotional Intelligence Specialist)	<b>Enforcer</b> (Charismatic Leader)	<b>People Pleaser</b> (Team Player)	<b>Rule Keeper</b> (Knowledgeable Achiever)
<b>Wound</b>	Birth trauma Past life annihilation	Lack of nurturing Experienced abandonment	Split parenting Seductive vs. Rigid	Crushed Autonomy Be good to get love	True self rejected Broken heart
<b>VR Issue</b>	Existential Terror	Deprivation	Betrayal	Invasion and theft	Denies the real self
<b>VR Fears</b>	Being embodied. Annihilation.	Not having enough of anything	Letting go and trusting	Being controlled; loss of self	Imperfection
<b>VR Experience</b>	Direct aggression	Lack of love and nurturing; abandonment	Betrayal, aggression and manipulation by trusted ones	Invasion and humiliation from those they support	Mental world, Denial of spiritual for pragmatic
<b>VR Defensive Action</b>	Leaves body	Sucks life	Controls others	Demands and resists simultaneously	Acts appropriately
<b>VR Patterns of Holding</b>	Hold together	Hold on	Hold up	Hold in	Hold back
<b>Results of VR Defensive Action</b>	No body awareness. Long sinewy muscles	Can't metabolize energy. Soft sensitive body Flexible muscles	Always on guard, draws aggression & betrayal to self Powerful muscles ready to act	Stuck in life, loses self in others Dense slow muscles	Aloof and isolated, Unable to experience inner self Good overall muscle balance
<b>VR Relationship to Core</b>	Experiences universal core but not individuated. Thinking is being.	Experience individuated core as "not enough". Feeling is being.	Experiences the individual core of self but not of others. Winning is being.	Individuated core is not differentiated from others. Serving is being.	No experience of self as a spiritual being who is unique. Doing is being.
<b>Core Human Need in Relationships</b>	To individuate; surrender to being human. Be present.	To self-love and nurture. Know self as enough.	To trust others; to make mistakes and still be safe.	To set boundaries, be free to express the self	To feel the real self and live from the heart.
<b>Spiritual Need</b>	To experience the divinity in the human form. Embody universal creation	To know that love sources from within them. Embody universal love	To recognize and honor the divinity in others. Embody unconditional loyalty	To claim their own divinity honoring the god within. Embody unconditional support	To experience both individual and core levels of being. Embody mastery