

Judge your neighbor • Write it down • Ask four questions • Turn it around

Fill in the blanks below, writing about someone (dead or alive) you haven't yet forgiven one hundred percent. Use short, simple sentences. Don't censor yourself—try to fully experience the anger or pain as if the situation were occurring right now. Take this opportunity to express your judgments on paper.

1. Who angers, confuses, saddens, or disappoints you, and why? What is it about them that you don't like?

I am _____ at _____ because _____
(name)

(Example: I am *angry* at *Paul* because *he doesn't listen to me, he doesn't appreciate me, he argues with everything I say.*)

2. How do you want them to change? What do you want them to do?

I want _____ to _____
(name)

(Example: I want *Paul* to *see that he is wrong*. I want *him* to *apologize*.)

3. What is it that they should or shouldn't do, be, think or feel? What advice could you offer?

_____ should/shouldn't _____
(name)

(Example: *Paul* should *take better care of himself*. *He* shouldn't *argue with me*.)

4. What do they need to do in order for you to be happy?

I need _____ to _____
(name)

(Example: I need *Paul* to *hear me and respect me*.)

5. What do you think of them? Make a list.

_____ is _____
(name)

(Example: *Paul* is *unfair, arrogant, loud, dishonest, way out of line, and unconscious*.)

6. What is it that you don't want to experience with that person again?

I don't ever want to _____

(Example: I don't ever want to *feel unappreciated by Paul again*. I don't ever want to *see him smoking and ruining his health again*.)

The Four Questions

1. Is it true?
2. Can you absolutely know that it's true?
3. How do you react, what happens, when you believe that thought?
4. Who would you be without the thought?

Turn the thought around (original thought: *Paul doesn't listen to me*.)

- a) to the self (*I don't listen to me*.)
- b) to the other (*I don't listen to Paul*.)
- c) to the opposite (*Paul does listen to me*.)

And find three genuine, specific examples of how each turnaround is true in your life.

For information on how to do The Work or how to use the free *Do The Work* Helpline, go to www.thework.com.

SECONDARY PROFILE



CREATIVE
IDEALIST



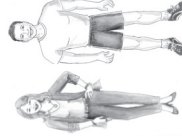
EMOTIONAL
INTELLIGENCE
SPECIALIST



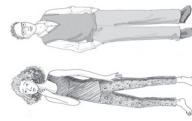
TEAM
PLAYER



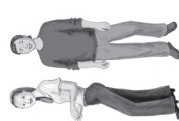
KNOWLEDGEABLE
ACHIEVER



CHARISMATIC
LEADER



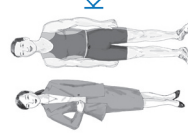
CREATIVE
IDEALIST



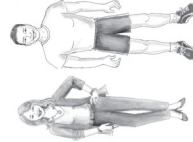
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TEAM
PLAYER



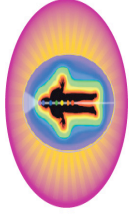
KNOWLEDGEABLE
ACHIEVER



CHARISMATIC
LEADER

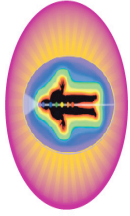
PRIMARY PROFILE

CREATIVE IDEALIST	EMOTIONAL INTELLIGENCE SPECIALIST	TEAM PLAYER	KNOWLEDGEABLE ACHIEVER	CHARISMATIC LEADER
Introvert/Hermit Creative Idealist Space Shot/Dreamer	Artist Mystic Sprite	Playful Friend Spiritual Servant Joyologist	Scientist Alchemist Innovator	Revolutionary Iconoclast Psychic/Medium
Angelic Poet Childlike	Lover Emotional Intelligence Empath	Reverent Compassionate Care Modest	Connoisseur Philanthropist Romantic	Engaging Dramatist Hedonist
Networker Tinkerer Monk	Best Friend Healer Mother	Hard Working Team Player Big Hearted	Foreman Trustworthy Negotiator	Watchdog Coach Liberator
Engineer Pioneer Synthesizer	Therapist Loyalist Discerning	Dependable Spiritual Servant Guide	Sage Knowledgeable Achiever Graceful/Impeccable	Ambassador Leader Founder/CEO
Free Spirit Maverick Anarchist	Seductress/Seducer Psychic Empath Chameleon	Guardian Advocate Protector	General Hero Champion	Rock Star/Trend Setter Charismatic Leader Politician



Character Profiles / Virtual Reality Wound and Life Purposes

Virtual Reality and Core Patterns	Thinker (Creative Idealist)	Poor Me (Emotional Intelligence Specialist)	Enforcer (Charismatic Leader)	People Pleaser (Team Player)	Rule Keeper (Knowledgeable Achiever)
Wound	Birth trauma Past life annihilation	Lack of nurturing Experienced abandonment	Split parenting Seductive vs. Rigid	Crushed Autonomy Be good to get love	True self rejected Broken heart
VR Issue	Existential Terror	Deprivation	Betrayal	Invasion and theft	Denies the real self
VR Fears	Being embodied. Annihilation.	Not having enough of anything	Letting go and trusting	Being controlled; loss of self	Imperfection
VR Experience	Direct aggression	Lack of love and nurturing; abandonment	Betrayal, aggression and manipulation by trusted ones	Invasion and humiliation from those they support	Mental world, Denial of spiritual for pragmatic
VR Defensive Action	Leaves body	Sucks life	Controls others	Demands and resists simultaneously	Acts appropriately
VR Patterns of Holding	Hold together	Hold on	Hold up	Hold in	Hold back
Results of VR Defensive Action	No body awareness. Long sinewy muscles	Can't metabolize energy. Soft sensitive body Flexible muscles	Always on guard, draws aggression & betrayal to self Powerful muscles ready to act	Stuck in life, loses self in others Dense slow muscles	Aloof and isolated, Unable to experience inner self Good overall muscle balance
VR Relationship to Core	Experiences universal core but not individuated. Thinking is being.	Experience individuated core as "not enough". Feeling is being.	Experiences the individual core of self but not of others. Winning is being.	Individuated core is not differentiated from others. Serving is being.	No experience of self as a spiritual being who is unique. Doing is being.
Core Human Need in Relationships	To individuate; surrender to being human. Be present.	To self-love and nurture. Know self as enough.	To trust others; to make mistakes and still be safe.	To set boundaries, be free to express the self	To feel the real self and live from the heart.
Spiritual Need	To experience the divinity in the human form. Embody universal creation	To know that love sources from within them. Embody universal love	To recognize and honor the divinity in others. Embody unconditional loyalty	To claim their own divinity honoring the god within. Embody unconditional support	To experience both individual and core levels of being. Embody mastery



Character Profiles in Relationships

Virtual Reality and Relationship Profile	Thinker (Creative Idealist)	Poor Me (Emotional Intelligence Specialist)	Enforcer (Charismatic Leader)	People Pleaser (Team Player)	Rule Keeper (Knowledgeable Achiever)
Response Evoked in Others	Intellectualization	Mothering, frustration, abandonment	Submission or resistant provocation	Teasing or thankless rejection, intimidation	Competition
Reaction to the Response in Others	Stay on the mental and spiritual plane	Passivity, neediness and dependency	More resolve. Exertion of control.	Guilt, shame, passive resistance from embarrassment	Rises above, Feels superior
Communication Style	Absolutes Impersonal, factual	Questions Indirect, blaming	Dictates or charm. Seductive or aggressive	Resentful, self-deflating Indirect manipulation focused at others	Assertions or qualifiers (should's)
Double Bind	"If I come more fully alive, I'll be killed/rejected."	"If I ask, it's not love; if I don't ask, I won't get it."	"I must be right or I'll die."	"If I get angry, I'll be humiliated; if I don't, I'll be humiliated."	"Either choice is wrong."
VR Statement	I will reject you first. "I'm sure you will reject/hate me."	"I don't need you. I won't ask."	"You can trust me."	"I'll hurt myself before you do." "I'm ok, I don't need anything."	"Yes, but,..."
VR Shadow Self Statement	"I will reject you and the world." You don't exist either.	"You owe it to me. I'll make you give it."	"I'm right; you're wrong."	"I will spite and provoke you."	"I won't love you."
Core Self Statement	"I exist. I deserve the right to have."	"I am fulfilled. I love."	"I will trust you."	"I am free."	"I love you."



Chakra Review: Core Statements and Vows

Chakra Review: Say the chakra statements out loud with the deepest truth that you can express. After each statement, take a few minutes and write down which ones you meant and which ones felt like empty words. Give yourself a rating of 1-10, with "10" being totally true and fully energized, passionate and enthusiastic, and "1" being just empty words that you can't feel. Remember, the universe is always listening to you and responding to the energy in your words, not the words themselves.

Core Statements for Chakra 1

- Of all the places in the world I could be, I choose to be here!!!
- This is my tribe! This is my place!

Core Statements for Physical Life Purpose Point

- What I am, where I am, who I am is my purpose and power.
- The universe can't live its life purpose without me living mine!

Chakra 1 Vows

- I vow to stay invisible in my family or tribe
- Always put family or others first
- I can never be seen as selfish, demanding or piggy
- Never trust in others or join groups
- I vow to always appear confident and together
- Never totally commit to anything; it only leads to disappointment
- Be loyal and never leave someone who is down

Physical Life Purpose Vows

- I am not big enough or strong enough or smart enough to live my life purpose.
- I wish I had different parents; what happened to me is more than anyone could stand!
- There is no "right place at the right time", it's all just luck.
- I am not lucky.
- I vow to hide my power; it can hurt others.
- I am a low energy person; I just can't do what others do.
- I vow to never trust my instincts.

Core Statements for Chakra 2

- **I want intimacy! I want playmates! I want passion!**
- **I feel my calling and purpose right here, right now!**
- **Dance with me!**

Core Statements for Physical Life Purpose Point

- **What I am, where I am, who I am is my purpose and power.**
- **The universe can't live its life purpose without me living mine!**

Chakra 2 Vows

- I will never be needy, and will always keep it together
- I vow to always share all my feelings and emotions, even the bad ones
- I am too much for others to handle; I will always hold back my power and passion
- I won't ever give a shit! WHAT-EVER.
- I am an empath and groups are way too overwhelming
- Emotions are dangerous
- Never show weakness or vulnerability
- I hate people who are loud and emotional

Physical Life Purpose Vows

- I am not big enough or strong enough or smart enough to live my life purpose.
- I wish I had different parents; what happened to me is more than anyone could stand!
- There is no "right place at the right time", it's all just luck.
- I am not lucky.
- I vow to hide my power; it can hurt others.
- I am a low energy person; I just can't do what others do.
- I vow to never trust my instincts.

Core Statements for Chakra 3

- I am the amazing gift that I bring to this group!
- I will fearlessly and shamelessly show who I am! I hold nothing back!
- Check this out! Eat your hearts out! (show off your body and energy)

Core Statements for Spiritual Life Purpose Point

- I am called in every moment to live my purpose, and I go!
- Part of my life purpose is our relationship.
- I am my purpose and message.

Chakra 3 Vows

- I vow to never act or be seen as special or conceited
- Stay in the background, play small, not revealing anything real about myself or else others will take advantage of me
- I refuse to fraternize with people below my station
- I vow to always put on a smiley face
- Being a good person means doing good for others, never for me
- You can't make me!
- Life goes my way, or it is "NO WAY" - I never lose!
- I vow to not do anything if I cannot do it well

Spiritual Life Purpose Vows

- I vow to be someone important
- I will never make waves or be different and get rejected
- I vow to show my parents that I can be something
- I vow to make my job and making big money my life purpose
- I vow to use my head, figure out a good life purpose and work to achieve it
- I will be a good person and do God's work; I cannot charge money for the Lord's work

Core Statements for Chakra 4

- I love myself! I love all of you!
- I will never stop reaching out to you for love!
- Together we can overcome any obstacle!

Core Statements for Chakra 5

- I share my deepest inner calling with you! No filter!
- This group speaks my language!
- I listen to you and hear the universe calling me!

Core Statements for Aha! Point

- My passion is my purpose!
- "YES!"

Core Statements for Soul Point

- You and I are one!
- I love you forever!
- My life is God playing in the universe, play with me!

Chakra 4 Vows

- Love is giving, not getting
- I will never say "I love you" unless it's special
- I don't need anyone, ever
- I will never forgive those who hurt me and will never take that chance again
- I don't deserve love, I am not that good.
- I don't trust that others will care for me. I go it alone!
- I don't need any more friends, they are exhausting.

Chakra 5 Vows

- I never tell anyone what I'm really thinking or feeling
- Don't ever talk about addictions and personal problems
- If I can't say something nice or smart, then I don't say anything at all
- No one ever listens to me, I may as well not even be here
- I will never raise my voice and be rude
- White lies are fine
- I never let anyone win in a battle of words

Aha! Point Vows

- I vow to never be as stuck and passionless as my parents
- I vow to be passionate and “up” all the time
- I vow to hold back on my passion; it just leads to disappointment
- I will never “get it” and know my purpose
- My brainstorm or big ideas are dumb, I will never share what I am really passionate about with anyone
- I vow to never take action impulsively, like my dad
- There is no enlightenment - life is hard, then you die
- I have no idea what to do or who I really am

Soul Point Vows

- I vow to never trust the universe since the universe took my father way too soon
- Souls are some crazy church idea that are going to heaven or hell but who cares? When you are dead, you’re dead – nothing else!
- I vow to go it alone – “live and let die” is reality
- I vow to always try to be better; who I am is not enough
- The ends always justify the means; sometimes I have to hurt others to make it big
- My soul is very advanced, and I believe this may be one of my last lifetimes of incarnating
- I channel all the guidance needed for me and everyone I know, right from my soul
- What good is having an eternal soul? It can’t ever help me be more successful.
- No one is perfect, we are all sinners
- Karma cannot touch me; I have evolved past it

Core Statements for Chakra 6

- **I can see that this is the perfect place and you are the perfect person for me to reveal my mission to and through.**
- **My ideas are brilliant and important!**

Core Statements for Chakra 7

- **I am open to infinite possibility right now!**
- **This world we create together is amazing!**

Core Statements for Inner Light Point

- **I see how brilliantly alive the world is!**
- **I love to see the sparkle in your eyes!**

Chakra 6 Vows

- The grass is always greener somewhere else that I can't see
- I am always in the wrong place
- I am psychic and pick up way too much information to ever trust others
- I don't believe anything until I see it with my own eyes
- I see the world as all light and good
- Life is just hard work and dead-end choices
- Be skeptical; I cannot trust anyone because they are out to take advantage of me

Chakra 7 Vows

- I am not a creator, god is. I don't trust my power.
- Life is hard, then you die
- God will handle everything and is all well; praying is the only way I get things done
- I am alone in an unsafe world
- I don't trust god -- when needed the most, god abandoned me
- There are only a very few options in life, so I spend my days paving the road to mediocrity.

Inner Light Point Vows

- I vow to only believe what I can see
- I only see the spiritual reasons for everything
- I wish I could see energy or chakras
- I see angels and guides everywhere
- My vision of the future is always dark
- I vow not to be psychic; the visions I have had are often of someone having an accident
- I always see the brighter side of life
- I vow to be smart and clever with my mind
- I vow not to be clear on anything - when I am, I have to do things that others don't like.
- I always spin in my head and feel foggy when I have a tough decision to make



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LIFE PURPOSE HEALING

The Life Purpose Healing is the first of the **intentional healings** that we teach in the school. With intentional healings, the purpose is not to send, fill and clear the chakras like we do with the chakra-based healings. In an intentional healing, the healer holds the energy strongly in themselves so that the client can then change their vibration to match the healer's vibration through **resonance** and **entrainment**.

The healer simply holds their field at their highest vibration and strengthens their own **Life Purpose Line**. This reflects back to the client so the client brings their core resonance up to meet the healer at that level, healing from inside out. Intentional healings are a more advanced method of healing and lead to longer-lasting results. They create a deeper and more profound experience.

This particular healing strengthens an individual's ability to remember their deeper level of intention in this lifetime and let go of the ego and confusion of the defensive profile level of life. This healing goes to a deeper dimension than the chakras and should not be mixed with chakra filling and support.

The **Life Purpose Line** is the line of energy, like a tube, that begins at the person's soul and comes down through the crown of the head, along the spinal column, down the legs and tail bone and into the ground, heading down towards the center of the earth.

Information from our souls pulse down the Life Purpose Line continually feeding us information about what our life purpose is. This is the level of power that martial artists use to hold their ground, be impeccable and create force that is far greater than what their body would seem capable of. It creates balance and body alignment, improves self-esteem and the ability to align the will and raw power of the lower self with the consciousness and guidance of the higher inner purpose in life.

Through trauma, vows and other wounds, a person can become disconnected from their Life Purpose Line, leaving them feeling lost and unable to connect with their own soul and life purpose. This healing clears the channel and also brings into alignment the two energy centers along the life purpose line. These are not chakras as such, but are considered "spiritual centers" and make up how we connect with our own life purpose line.

These spiritual centers are:

- The Physical Life Purpose Point
- The Spiritual Life Purpose Point

The Physical Life Purpose Point (sometimes also called the "dan tien") is located in the pelvis just between the 1st and 2nd chakra. Its color is a rusty red which is a mix of the red of the 1st chakra and the orange of the 2nd chakra. Its function is to take your life's purpose and make it happen in the real world, so it is something that you DO in the real world. When the PLP point is disconnected from the system, you may feel the call of your life's purpose, but be unable to make anything happen in the real world. This healing recharges this point and reconnects it to the whole system so that you can take action.

The Spiritual Life Purpose Point is located at the breastbone, at the thymus gland. It's a teal green color and is where you feel your calling to live your life's purpose. When the SLP point is disconnected, you will feel cut off from feeling your life's purpose and won't feel called to anything.

This healing can bring a lost person into the world, pull a person out of the quagmire of life situations that create stagnation, and give the client the resolve to go even deeper into their life's purpose. Use this healing with people who are unclear about what their life purpose is or find themselves faltering on the path.

Prepare the Client

- Tell the client they **must not make any voluntary movements** during this healing, in order to achieve the desired benefit. They will want to be in a comfortable position before the healing begins.
- Make sure their feet are very close to the bottom edge of the table. It's better if their shoes are off.

Healing Preparation

In order to do this healing, you must begin by strengthening your own Life Purpose Line.

- Stand firmly and bend your legs a little. Drive your feet into the floor. Put your fingers into your PLP point (just under the navel).
- Open up the top of the Life Purpose Line (LPL) by pulling up your hair a bit. Get your spine very straight.
- Point one hand down and one hand up and pump the LPL by bending your knees and moving your hands in opposite directions.
- There are a few variations on this. Just do one that works for you.

Stand at end of table with legs wide apart, firmly planted and slightly bent (at the knees). Connect with the client's energy field by holding their feet, with thumb on bottom (ball) of foot and fingers resting on top of foot.

As you align your client's life purpose energy, you are solely focusing on your *own* Life Purpose Line and strengthening it. Do not try to fix a client's LPL, just hold yours as wide and strong as you can in each area you work on.

During this healing, as you work in specific areas of the body, observe the client's LPL in those areas. **When you see an area of the Life Purpose Line that is weak or torn, bent or thin, strengthen this area within yourself.**

Through your intent, as you strengthen your *own* Life Purpose Line, the client will be brought to your level.

This is why it is absolutely critical for you to be balanced, grounded and solid before you start this healing. You must be stronger than the client, in order to bring him or her "up" to your level.



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Life Purpose Healing

Since you will be making all movements for the client, be careful and gentle and remembering to return their limbs to comfortable positions.

Always begin on the left leg.

1. Left Leg - Foot to Knee: Pick up the client's left foot and place it against your chest, resting the ball of their foot against your own SLP. Hold the foot there with your right hand around the client's ankle. With your left hand, hold the client's leg under the knee. Gently pull the leg toward you, allowing it to stretch and unwind between the foot and knee.

Make sure that you support their knee with your hand so that you don't hyper-extend their knee.

Drive your own left leg into the ground and feel from your own knee down to your foot. Strengthen your own LPL in this part of your left leg. Gently put down their leg.

2. Left Leg - Knee to Outer Hip: Move around table to the client's knee. Lower hand goes into the knee from the topside. Upper hand goes onto the outer hip. Scoop up the client's knee and move it to your own PLP point. Do a little gentle traction to their leg.

Feel your own LPL driving into the ground on your left leg, now feeling from your hip to knee and then all the way down to the ground. Concentrate on your own leg and LPL. When you feel the energy shift, put their leg back gently.

3. Both Hands Under the Client to Reconnect the PLP: Move up the table. Lifting the client as necessary, slide both hands under the lower back at the base of the spine. Take the "horse riding" stance with your knees bent and back very straight.

Slide your hands past the spinal column, then cup your hands until your fingers begin to pull the lumbar spine gently. You are filling your Physical Life Purpose Point and energetically aligning it.

Make sure your back is very straight. Push your hips into the table.

Holding this position, follow the movement of the client's body as they breathe in and out. Harmonize your breathing with the client's. Expand your own PLP Point like a small balloon - bringing more solidity to your pelvis and left leg.

4. Charge the PLP: Pull your upper hand out from under the client and place it on top of the Physical Life Purpose Point. Then balance the energy between your hands, front and back. Remember that you're charging and filling your own PLP, not sending energy to them.

5. PLP to Outer Hip: Pull your lower hand out from under the client and place it on their left hip bone. With your intent, connect the hip to the Physical Life Purpose Point so the line of energy running down your left leg goes all the way to the core of the Earth. Feel it in your own body.

6. Moving to the Other Side of the Table and Client: Put both of your hands with pointy fingers into your own Physical Life Purpose Point to stabilize your own energy there and walk back to the foot of the table. As you walk back to work on the right side of the body, keep your fingers on your own Physical Life Purpose Point in order to stay on the Life Purpose Line Level. This healing cannot be done from any other level.

7. Repeat the Same Pattern on the Right Leg:

- Right foot to right knee. Foot into your own SLP.
- Right knee to hip.
- Pull the PLP with both hands under the spine. Horse riding stance.
- Charge the PLP with one hand under and one hand on top.
- Finish with PLP to outer hip.

8. Physical Life Purpose Point to Spiritual Life Purpose Point: Leave the lower hand over the Physical Life Purpose Point with pointy fingers into the client's PLP, and move your upper hand to the Spiritual Life Purpose Point. Observe the client's Life Purpose Line between these two points; strengthen and balance energy in this area as needed by holding your own core strong.

Feel it in *you*.

9. Spiritual Life Purpose Point to the Top of their Head (The Individuation Point): Bring your lower hand to the Spiritual Life Purpose Point and place your upper hand as close as possible to the Point of Individuation (about 1.5-2 feet above the crown of the head). Balance and strengthen the connection by extending your Life Purpose Line directly up like you are being lifted from your crown.

Make sure your back is straight and the line you're making with your hands is very symmetrical.

10. The Full Life Purpose Line: Bring both your hands in together over the Spiritual Life Purpose Point, palms touching. From there, stretch your arms out over the body with palms facing away from you; left arm stretches toward the head and right arm stretches toward the feet over the exact center of the body. Feel your own Life Purpose Line lock in between heaven and earth.

Sometimes when you do this you will hear a click or a pop as the client's LPL fully connects.

11. Past Life Blessing

Staying on the right side of the client's body, bring your hands in together at the wrists with your hands in a "clam shell" position and face their left shoulder. With your hands together at the base of the palms, hold the client's Spiritual Life Purpose Point and feel how it connects to their essence/soul.

Slowly make a 360° turn to the left. As you do this, honor all of their past lives, everything that has happened to them to bring them to this point in their soul history. It's ok if you don't see any past lives, but you might! As you turn, bless the client's lineage from their first incarnation to the Present that they may know their Life Purpose in each lifetime.

12. Closing the Life Purpose Healing (not standard):

After the turn is done, slowly and gently separate your hands over the SLP Point while releasing the energy of their past. Then step away from the table -- do *not* perform the standard close.

Encourage them to stay on the table for a minute or two to let the healing settle and integrate within their system.

Ask them to share their experience first, before volunteering any information that you may have gained.



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SOUL HEALING

When to Use this Healing

This healing helps the client reconnect to their pure soul essence. This part of us is our core essence, the part of us that doesn't change from lifetime to lifetime. It helps the client remember they are so much more than any problem or life situation they are experiencing at the time. It gets them in touch with the part of themselves that has always been and will always be.

Under stress, clients can completely dissociate from life and identify with their trauma and not their life, i.e. abuse survivor, incest survivor, cancer patient, AIDS victim, bankrupt, divorced, widow, alcoholic, etc. These wounds can solidify and become part of our identity. Eventually a person can forget what their soul feels like and they remember and identify with the wound and their defense as who they really are.

This healing allows the client to tap their limitless soul, which is capable of complete transformation of any life issue. The soul has never been sick or hurt or tired. It has an infinite source of energy. This healing represents the deepest level of energetic support for serious illness and those who have lost their connection to their inner wisdom, energy joy and enthusiasm for life.

The Soul Point

This healing requires the healer to work with the Soul Point (SP) in both themselves and the client. The SP is right between the 2nd and 3rd chakras in the very center of your body. It holds the energy of your soul and can expand and contract like the light of a sun. The SP is the only part of our energy field capable of expanding beyond the confines of our own energy field. When this point is strong, then the light of our own soul shines out brightly into the world like a beacon. Doing this healing on others will strengthen your own Soul Point.

Healing Preparation

You need a chair for the foot of the table.

Begin with a Life Purpose Healing (from the 1st year). Do the entire Life Purpose Healing.

Soul Healing Part 1: EXPAND YOUR OWN SOUL LIGHT

1. Sit in a chair at the client's feet and put your fingertips into your Soul Point and bring your conscious awareness there.
2. Imagine your own Soul Point (SP) expanding, its Light getting bigger with each breath.
3. Breathe in on the inhale breath and on the exhale your SP gets bigger and fuller moving it all the way through your own energy field.
4. Then on a big breath, expand your SP beyond the edges of your own field. Move it out into the room.
5. And then further out with each breath. As big as the whole state. And then as big as the whole world.
6. Expand your Soul Light out to the ends of the Universe.
7. Keep your Life Purpose line connected to the core of the Earth staying fully conscious of your body in the healing room at all times. Feel how your chakras come into balance when the soul is fully expanded.

Soul Healing Part 2: EXPAND THE CLIENT'S SOUL LIGHT

Place your hands on the client's feet, fingers resting on top and thumbs in the center of the arch. Keep shifting your focus between your client's SP and yours. Expand yours outward evenly in all directions; the client will mirror you.

Imagine expanding their SP light through all the layers of their energy field. As their light emanates out it expands through the 7 levels of the client's aura where you will be able to view this lifetime from the present back to birth. Make mental notes of times you will want to discuss at the end of the healing with the client.

Soul Healing Part 3: MOVE THEIR SOUL LIGHT BEYOND THEIR OWN ENERGY FIELD

When you reach the edge of their auric field you will reach their birth and a membrane between this life and their past lives that exist on the Earth plane. This barrier is like an energetic film that keeps the worlds separate. Continue to gently expand their SP and yours until the barrier releases and lets you continue to expand outward. Be patient and do not force it.

You are now expanding the light through the planet and out through the atmosphere. This is the level of the client's past lives and may be very full. Hold the intention to see only that which is needed for the client to remember who they are at the deepest level in their life now. You will expand the SP light to the edge of the Earth atmosphere where you will experience another membrane to move through gently. Your light gets brighter and brighter. Like the first one, continue expanding gently until you get through.

Soul Healing Part 4: MOVING BEYOND THE EARTH PLANE

Keep expanding. Once you have expanded beyond the earth plane, you will experience limitless expansion and will accelerate to speeds far beyond the speed of visible light. It is essential that the healer stay fully connected to their Life Purpose Line and their body.

A thin cord always stays attached to the healing room through the healer's body. Open your eyes if you need to bring your ground back to the room. The expansion is thrilling but not to be taken lightly. The healer is responsible for the safe return of the client.

- Keep expanding out past the planets, of our own solar system.
- Break through the solar system and accelerate into the Milky Way Galaxy. Feel planets whizzing by you.
- You will break through the limits of our galaxy and speeding up, you will feel galaxies flying by you.
- Keep accelerating as you move into deep space.
- At the edge of the universe, you will cross a deep empty space, this is The Void and it's cold and empty. Go through it.
- Then you will see a horizon and the light you are emanating to all the edges of the Universe will come together and accelerate into a curve and hurl you through a portal into a place of unlimited possibility and joy.
- Go around the curve and through the portal.



Soul Healing Part 5: THE RETURN TO THE SOUL

You are now with your client in Soul World. It can be, feel or look like anything. Release your expectations of what should be happening and just observe with curiosity and without judgment. You are not here to create or manage what's happening. You are only an observer.

Stay as long as you like. There is a timeless quality here, so five minutes here is a long time in soul time. Healers have to be aware of time in the healing room, and you will just know when it is time to come back. Stay connected to the client, do not let them wander without you even though they may ask or insist. You are their ground. Do not guide them, you are allowing the experience to unfold and keeping track of time. Your Soul Light and your client's remain fully connected at all times but not enmeshed.

Observe and remember what transpires for the client here. They are reconnecting with their pure soul energy. They might be communing with their guides, getting guidance or healings. You are not directing the action, just observing.

Soul Healing Part 6: RETURN TRIP

To return, tell your client you have to travel back the same way you traveled out. You will experience the reverse journey on the way home.

- Out through the portal
- Around the curve
- Across the Void
- Through the galaxies
- Back into the Milky Way
- Through the stars in the Milky Way
- Back into our own solar system
- Slowing down until you reach the edge of the Earth's atmosphere
- Then back into the healing room
- And through the edge of the client's own energy field
- Until their Soul Point is back into their body

CLOSING the Soul Healing (not standard):

Ever so gently, release your client and disengage from their soul, letting it float inside them in all its glory – do *not* perform standard closing.

Quietly get up from your chair and move fully out of the client's field.

Give your client plenty of time to integrate on the table.

Let them share first, before volunteering any of your observations.



RHYS THOMAS INSTITUTE – ENLIGHTENMENT CHART FOR LMT2

	1st Chakra	2nd Chakra	3rd Chakra	4th Chakra	5th Chakra	6th Chakra	7th Chakra	Physical LP Point	Spiritual LP Point	Ahal Point	Soul Point	Inner Light Point
Primary Profile												
Most Used Defense												
Vow												
Freedom Statement												
Excessive or Deficient Quality												



RHYS THOMAS INSTITUTE – ENLIGHTENMENT CHART FOR LMT2

	1st Chakra	2nd Chakra	3rd Chakra	4th Chakra	5th Chakra	6th Chakra	7th Chakra	Physical LP Point	Spiritual LP Point	Ahal Point	Soul Point	Inner Light Point
Secondary Profile												
Archetype												
Lower-Self Qualities												
Higher-Self Qualities												
Goal to Come into Balance												

My goal for the year: _____

LMT2 ENLIGHTENMENT CHART WORKSHEET - CHAKRA 1

Who are you in your family? Who are you in the tribe? What role to you play? How did you survive and get love in your family? If you can, think back to when you were a child, what did you have to be, do or act like? Did you face health challenges as a kid? Do you now? Can you relate this to how you are with your family and/or tribe now?

STUDENT NAME _____

	CHAKRA ONE
Primary Profile	
Most Used Defense	
Vow	
Freedom Statement	
Excessive or Deficient Quality	
Notes	

	<h2 style="text-align: center;">CHAKRA ONE (con't)</h2> <p style="text-align: center;">Who are you in your family? Who are you in the tribe? What role to you play? How did you survive and get love in your family? If you can, think back to when you were a child: what did you have to be, do or act like? Did you face health challenges as a kid? Do you now? Can you relate this to how you are with your family and/or tribe now?</p>
Secondary Profile	
Archetype	
Lower-Self Qualities	
Higher-Self Qualities	
Goal to Come into Balance	
Notes	

LMT2 ENLIGHTENMENT CHART WORKSHEET - PLP

Wisdom – Fearless instinct, full chakra connection to life, reject nothing. What physical expression/gift have you always been able to do effortlessly and instantaneously (without thought)?

STUDENT NAME _____

	PHYSICAL LIFE PURPOSE PT
Primary Profile	
Most Used Defense	
Vow	
Freedom Statement	
Excessive or Deficient Quality	
Notes	

	<h2 style="text-align: center;">PHYSICAL LIFE PURPOSE PT. (con't)</h2> <p style="text-align: center;">Wisdom – Fearless instinct, full chakra connection to life, reject nothing. What physical expression/gift have you always been able to do effortlessly and instantaneously (without thought)?</p>
Secondary Profile	
Archetype	
Lower-Self Qualities	
Higher-Self Qualities	
Goal to Come into Balance	
Notes	



Picking your 12 Major Archetypes Placing Them In Your Gateways Chart

This hand out will be a guide to help you pick your 12 archetypes: 4 survival archetypes (the child, victim, prostitute and saboteur) and 8 of your own choosing.

Archetypes are like spiritual and energetic filters. They open you to certain experiences and close you to others. We see and think and experience life through its archetypal patterns. Just like chakras and profiles, archetypes are energy vortexes that filter what you can attract and what you are here to offer in each moment. Deep inner work is the process of uncovering elements of these archetypal worlds. To know your life purpose, you have to see a much broader picture of who you are, your gifts and why you're here in this time and place. When you know and feel your profiles, 12 gateways, and Archetypes you will develop amazing personal insight, energy, power and clarity and a deep sense of purpose that is unbendable and non-negotiable, giving you the ability to make conscious choice and take powerful action in your life.

The biggest archetype and highest vibration in your life is your soul, or essence. In its purity it is the first filter separating your individual consciousness from god consciousness. Each person carries one pure core quality like playful, thoughtful, powerful, integrity, compassion, love, surrender, gentleness, etc. Your soul then makes certain spiritual contracts as you descend and incarnate in human form. The unbreakable spiritual and physical contracts include your profile(s), your body and genetics, your 12 unique gateway energy centers of consciousness, and 12 archetypes that act as your lifelong guides to discover and live fully in your life purpose. To fully understand your 12 Chakra/Gateways you will need to become aware of how they have been guided archetypically.

All the archetypal energies and patterns (Human form, Profiles, Archetypes, Gateways) that you filter through your life and aura will in some way serve your soul. They create a gravity, a life attraction that calls to you what is good for you and lets what is not good go right by. When your filters are open, the combination of your filters expresses your core soul qualities in a unique direction in each moment and the whole is greater than the sum of the parts. When this happens every event in your life is filled with pure energy and the light aspects of your profile, chakras and supporting archetypes and you dance through life. When any or all of these filters are denied through mental Vows to be someone you are not at the soul level, you become disconnected and rudderless living in the shadow aspects of your profile, chakras and archetypes, where life becomes "work" and is draining. The shadow aspects of each archetype profile and chakra are still direct clues to your life purpose, just not as fun to live through. Knowing your archetypes lets you have greater choice in how you express them and work with what they call you to.

These human Archetypes are consciousness structures that exist on planet Earth that guide you to know who you are and what your purpose is here. The 5 profile archetypes are easy: Feelers, Caretakers, Thinkers, Achievers and Leaders. They give you your primary quality of your life purpose. In general, the 12 archetypes are easily recognizable patterns not just in your life, but in the world and are more specific to your tasks in your lifetime. They are all the possible human qualities - Father, Mother, Prince, Lover, Judge, Hero, etc. These archetypes help you know who you are, who other people are, what you are all here to do and how you will recognize your life purpose throughout life. The 12 chakras/gateways are also archetypal and represent conscious realms, body, feelings, actions, relationships, communication, thinking, spiritual connection, etc. Each gateway is guided by one of the 12 archetypes that give that chakra its focus. Everything that comes to you in your life that has any importance at all must come through these filters. If you don't have a "chakra" and "archetype" for a certain life experiences then you won't experience them, or if you do it will be short lived. This is the understanding that your "Nature" gives you the rules of the game, your curriculum to God, and your "Nurture" and daily life do not actually change you, they just give you power to choose to honor your soul, or try to be someone you are not. Trying to be someone you are not is very popular but does not fill you with much happiness.

In this exercise you will choose your 12 archetypes and begin the art of placing them in your 12 gateways. Choosing them from the list on the last pages of this handout must be done taking into account that your archetypes have been with you your entire life, and they generally do not change. To choose an archetype, both the shadow and the light aspect of each one must have played a huge role in your life. By adding the Archetypes to your Profile and Chakras understanding gives you the bridge and context for understanding why you have the chakras and life you do and how to call on the deeper guidance you will need to call back your energy and stand fully in your life purpose.

To know yourself and how to integrate your life, you will need to understand the energies that you are working with. To pretend you can choose with your will what you want to work with in your life is the ego's immature wishful thinking. To know your spiritual path you must study your life and see the impersonal patterns that have always presented you with the choices you have.

EXERCISE: CHOOSING YOUR 12 ARCHETYPES BASED ON THE PROFILES

Overview of exercise: The goal of this exercise is to select your 12 primary archetypes that have been guiding you your entire life. After you pick your top 12, you will then begin the process of seeing which Chakra/Gateway each of them guides directly. In this model of self-understanding, you only have one Archetype for each of the 12 Gateways.

Start with selection - You are given 4 archetypes known as the Survival archetypes which every person has in their chart: they are the Child, Saboteur, Prostitute, Victim. You need to pick the other 8. All 8 that you pick must be able to directly serve your primary archetype and must be something you have been able to see in your life since the beginning (i.e. in my chart you will see that all of the archetypes have [1] been with me my entire life and [2] directly serve my Creative Idealist primary profile in some way). Your secondary profiles will certainly have influence in a number of the archetypes you pick but will not be the primary reason you have that archetype. Example: my Charismatic Leader is my 3rd profile and supports my Evangelist archetype in my 5th chakra, but what I preach about are my ideas (Creative Idealist) more than my "change the world mission" that I am willing to die for (Charismatic Leader). There are flavors of both in there but my 5th chakra is servant to my highest purpose of my Creative Idealist).

Step 1: You already have the 4 Survival Archetypes chosen for you. The Child (you must choose your child quality), Victim, Saboteur and Prostitute. When you place them in the chakras the Survival Archetypes must go in the 7 primary chakras, not the spiritual centers. SEE SECTION BELOW ON PLACING YOUR SURVIVAL ARCHETYPES IN THE GATEWAYS.

Step 2: Go to your primary Profile in the "Archetypes By Profile" list below and pick all the Archetypes that seem to resonate with you both in the positive and negative. Make sure that both the light and shadow qualities have been present throughout your entire life. (The shadow is sometimes hard to see - you may pick the Pioneer and have a strong ability to forge new pathways and create what has not been done before, but you will also have to own the shadow of never putting roots down and constantly moving on in your life compulsively.)

Step 3: Go to your secondary Profiles in the archetypes list and select any others that stand out.

Step 4: Read all the archetypes listed for each of the profiles (bottom of document) and/or do any research on your own online or in the dictionary or in the back of Sacred Contracts (Myss) or make up archetypes that you feel you have. (i.e. I have the Prince archetype that really is more of a "Golden Boy," The "Light" is that everything tends to go my way and people like me, and the "Shadow" is that I feel entitled and hate entitled people.) The most important key is, that you must be able to see them in our life from early on until now if they are to go in your 12.

Step 5: As you whittle down your cards to your top 12, make sure you pick at least one or two cards that you hate to admit are a part of your inner world (i.e. I hated picking the Evangelist, I have always seen Evangelists in the shadow like Jimmy Swaggart, but they are not all bad! In the light, all the people who are willing to speak up to change the world and awaken others to a higher way of living are Evangelists too!)

Step 6: Once you have your 12, go through them with someone you know well or a group who are not afraid to tell you if you are just idealizing and have chosen based on what you wish you were, not who you really are. You must be able to justify them and have lots of examples in both the light and shadow - if it is really you, they will agree. Use Carolyn Myss' work to find out more about the light and shadow aspects of each archetype. One very important note here: if you ask someone to help you or you ask a teacher to help you and they say that one (or five!) of your chosen archetypes are way off base and are coming from who you think you are, not who you actually are, do not go into battle. It would have been easier for them to agree with you. If they challenged you, make a note, then ask a few other people or classmates and see what they say. If they all agree that it is not something they see in you, you have gotten a look at your defense and who you wish you were that has never served you. Of course, if your defense is that you are always "misunderstood" you may get an amazing opportunity to see that it may be you who has no idea who you are and have just assumed that others did not understand you. Letting this in will change your life!

Step 7: Begin the process of matching up each archetype with one of your 12 chakras/gateways. Each chakra should have an Archetype that is its primary guide. Knowing the in-depth qualities of the 12 gateways will be essential for this exercise.

The basic chakra qualities to match them up to are follows:

Chakra 1: Family/Tribe/Groundedness

Chakra 2: Sex/Money/Emotions/Passions

Chakra 3: Self Esteem/Ego/Self Expression physically

Chakra 4: Relationships/Love/Inner process

Chakra 5: Communication/Creative mission/Self Expression verbally

Chakra 6: Vision/Mind/Beliefs/Seeing your place in the world

Chakra 7: Infinite Abundance/Connection to Spirit/Open or closed to life

Chakra Physical Life Purpose: Unbendable Non-negotiable parts of you/Raw Gifts you access physically, mentally, emotionally, spiritually in every moment

Chakra Spiritual Life Purpose: Inner Purpose/Contract for how you are to use your Phys. Life Purpose qualities

Chakra Soul: Your Character/Core personality quality you were born with

Chakra Inner Light: Brilliance/Clarity/How you see the soul and heart of others and the world

Chakra Aha Point: Unified Passion/How you pull all your gifts and energy together to awaken to your highest purpose.

Placing The 4 Survival Archetypes in Your Chart

THE CHILD

General Child Issues:

Light

- Elements of responsibility in your life
- The power to choose to be alive and open
- The child challenges and refines responsibility
- Balancing trust in authority and personal responsibility to their inner self and callings
- The child trusts - to be a trusting adult you have to feel the trust of the child with the responsibility of an adult
- Trust in a power greater than the self

Shadow

- Feeling of not belonging
- We all want it given to us, by god or some adult figure, the child just wants without work
- I deserve....
- Don't know enough (the most common reason for not pursuing dreams)
- Will not trust others and not believe in a god who doesn't give them what they want
- Tantrums
- No trust in authority because of betrayal

Wounded Child

Light

- Help other wounded children. Path of forgiveness.

Shadow

- Self-pity, blames all dysfunctional relationships on childhood wounds, resistance to forgiveness and moving on, needs to be parented

Orphan Child

Light

- Courage to go it alone and conquer the fear of surviving in the face difficulty

Shadow

- Feelings of abandonment that stifles maturation, seeking inappropriate surrogate families

Magical Child

Light

- Seeing sacred beauty in all things. Everything is Possible

Shadow

- Pessimism, depression, and disbelief in miracles. Belief that energy and action are not required for growth.

Divine Child

Light

- Innocence, purity, redemption. Special connection with the divine, Trust in god

Shadow

- Inability to defend against negative forces

Nature Child

Light

- Friendships with animals to know the self, ability to survive, and communication with nature spirits

Shadow

- Abuse people, and animals or environment

Eternal Child

Light

- Determination to remain young in body mind and spirit. See things with fresh eyes

Shadow

- Inability to grow up and be responsible. Dependence on others for physical security. Not old enough or educated enough

Adult child

Light

- Always has the big picture in life even as a child. Responsible by nature, not defense

Shadow

- Inability to play. Never had a childhood, had to be the adult their whole life. Irresponsible to their need to have fun and play. Hyper-responsible to the rules of culture and society.

Lost Child

Light

- Roaming the world, seeing deeper connection with no boundaries

Shadow

- Never feeling at home in any group

How the Child may look in each chakra:

What chakra are you the most childlike through?

Chakra 1 - Finds Tribe of Playmates, grounded and responsible to the true self / Never takes authority or responsibility in family or tribe, feels like they don't belong

Chakra 2 - The world is one big ice cream stand of pleasure, responsible for their own pleasure in life, called by feelings to life and goes willingly / Demanding, pouting, screaming, feeling hurt, fixating on childhood wounds to justify being irresponsible, wanting it all to be given to them

Chakra 3 - Wants to play not work, everything they do is alive and fun, they trust and are responsible to their inner callings from god / Have little capacity to do hard work that they don't see as fun or just for the money, will never "grow up"

Chakra 4 - Falling and lost in love, puppy-dog love / Always needs a mommy or daddy, will not be the adult or responsible one in relationships

Chakra 5 - Speaks their vulnerable inner needs, and enthusiasm for life with no filter, blurting out ideas and feelings fearlessly / Tiny scared voice, or voice of brat, lies like a child, always gets caught, "it's not my fault" "I deserve..."

Chakra 6 - Sees the world through rose colored glasses as amazing and thrilling and a playland, great imagination and creativity / Sees the world as more than they can handle without help or not able to take care of them, don't know enough, not old enough.

Chakra 7 - Sees spirits and angels in all of life, lives a fantasy and fairy tale life / Lost in a fantasy of what is possible, impractical, very childlike in their choices.

The Saboteur

Light

- Not being afraid to come into your power and of the changes it will make in your life
- Highlights your fear of the consequences of becoming powerful. More power will always change your world, the Saboteur lets you see that fear of change
- Points out where you are about to sabotage yourself or allow yourself to be sabotaged because you are afraid of change and letting go of the past as you gain more power.
- Brings your power of choice to everything you do
- You choose to see every event in your life as god's guidance to reach even higher or deeper, not a reason to pull back
- Lets you choose to support yourself by listening to external and internal guidance, learn from your mistakes and live to fight another day or avoid certain fights in the future.
- The power of action breaks self-sabotage and procrastination
- Becoming conscious of your vows and beliefs used to protect but limit you

Shadow

- No discipline
- Choices made from low self-esteem that block your empowerment and success
- When you make decisions from fear instead of trust
- What will "they" say
- Trying to be a profile, or person you know you are not
- Will reject help from others
- Get guidance and then say "I don't know"
- Denying your gifts or belittling others' gifts
- Self-destructive behavior, "can't have my dreams" is the lie. You are really just lazy, you have a 14 hour a day vision with a 3 hours a day discipline focus
- Won't discipline to keep the body in shape, mind on track, spirit intact
- Spending more time thinking of how your dreams won't work, than will work
- Seeing anything you are doing or have done as a failure
- Desire to undermine others

How the Saboteur may look in each chakra:

Where in your life do you sabotage yourself the most?

Chakra 1 - Not afraid to go it alone or lead, but would never choose to hurt anyone else in the process or to leave anyone behind / Playing small and giving power over to the tribe, not changing because family or others will not approve

Chakra 2 - Knowing what you want, having passion and going for it, will pay whatever price is needed when they are called in life to do something / Doesn't manage energy in their body or in the form of money and material objects well, doesn't invest in self well

Chakra 3 - Do what you know you should do but don't, don't do what you know shouldn't do but are doing / Lie to yourself about your level of discipline, 14 hr a day dream with 3 hour a day focus, live in the wrong profile, afraid of coming into power

Chakra 4 - Choose relationships that serve both of your higher purposes / Choosing people who make you play small or drain you of your energy before you live your dreams, choosing people you have to stay in battle with so you never get on to living your life

Chakra 5 - Share your dreams and inspiration with others so they can support you and as a way to create yourself in the world / Always saying "I don't know" when asked what you want or what your mission is, or say "no I can't do that" when they know they can

Chakra 6 - Believing in yourself and your potential, trusting in their guidance / Remember all your failures and know 2 reasons not to do things

Chakra 7 - Take action on guidance without hesitation / Don't try new things out fear of failure and limitations, postpone what you know you are being called to now, want life to move slower

The Victim

Light

- Is how you set boundaries in your life, both being invaded and you invading others
- Becoming individuated in the 3rd chakra, actions serve self and others - no victims
- Prevents you from letting yourself be influenced, victimized or victimizing others
- Don't let themselves be invaded, don't invade others themselves
- Alerts you to things, people, ideas substances, etc that you allow to have more influence over your behavior than your Soul
- Where you make decisions and set boundaries. Saying "yes" or "no" and meaning it
- "NEVER AGAIN" is the power of the victim "healing anger"
- Seeing when you are about to be victimized by others or you are becoming the victimizer with your rash or inappropriate actions
- The power of choosing to have boundaries
- Setting a clear boundary between the self that is the soul, and all other external forms in your life.
- Moving from victim to victorious

Shadow

- Plays victim for positive feedback in the form of pity, or self-righteous retribution.
- Self pity, self hatred, depression, feeling attacked and violated by others, attacking back
- Inability to maintain personal boundaries, others make them feel what they are feeling
- Believes that others or money or situations victimize them and control their choices
- Fears aloneness - if I do this I will be all alone and victimized by those who do not understand.
- Needs decide what is healthy, not consciousness

How the Victim may look in each chakra:

Where in your life do you victimize yourself and others from?

Chakra 1 - Living through abuse and family struggles for independence has lead to feeling safe strong, healthy, vulnerable and empowered / Tribe has no boundaries, "what is yours is mine," living in fear of being abused and victimized by authority, no defense against the powers that be or authority in family

Chakra 2 - Fearless in their use of feelings and passion / Victimized-rejected-abused for being overly sensitive or emotional, or victimize self by denying feelings all together, poor me, depressed, over happy, shot down, enmeshed

Chakra 3 - Breaking free from repression, 3rd chakra stands individuated, victorious in battle for independence / Victims always need help, actions always lead to a sense of failure disaster rejection and retaliation, actions are based in self righteousness and feeling like a victim, sending spirit on missions to hurt or "fix" others and self.

Chakra 4 - Choose relationships from power and vulnerability, forgives everything in their past a the best thing that could have happened to them / Lives in woundology in the world of people, constantly victimized by relationships and a lifetime of wounding and lack of forgiveness

Chakra 5 - Speaks clearly about needs, setting healthy and understandable boundaries / Whines, blames uses excuses, feeling like a victim pointing the finger of guilt at others, oscillating to victimizing other and bullying, lies about their own truth, says "I deserve it, but never get it" "it's unfair"

Chakra 6 - Sees the path to freedom is through forgiveness of self and other, truly detached / Dissociated from their thinking and actions, sees the world as unfair, victimize self by being stuck in past trauma and unconsciousness, projects problems on others, see others always as the problem not themselves

Chakra 7 - Knows that possibility in even the hardest situations is available to them, trusts in god and embraces all situations and events / Knows that life is futile, life sucks then you die, god deals you a bad hand.

The Prostitute

Light

- Not negotiating your soul out of fear
- Code of honor
- Faith, Strength and Self Esteem, I will not sell my soul out of fear and survival
- Letting material life have less influence in your life than what your soul calls you to do
- Maturation of power and responsibility. More power must equal more integrity.
- Every time you choose to be more empowered, spirit will test you to see if you will negotiate that power in the dark
- The challenge of survival without negotiating the power of your spirit
- Integrity of honoring spirit over matter
- Every choice you make to honor your soul you get more power and can't be bought or seduced by what normal people are controlled by
- Soul Strong enough to transcend the needs of the body, 40 days in the desert, starving under the Bhodie Tree
- Speak your truth not your wounds
- Birth and redefine self esteem and self suspect
- The power of choosing how you will survive in the world

Shadow

- What material needs are you willing put above your soul to gain security? What is your price? Everyone has one.
- Seduction and control for self enrichment
- Selling-out of talents, ideas, or any other self empowerment expression of self for security
- Selling your creativity, opinion, your silence, your wisdom, your integrity.
- Sell your soul for safety will jam your guidance system
- Everyone has a price
- Serves Earthly power more than heavenly power
- “How will this profit me?”, not” what it will cost spiritually”
- Money and “stuff” more than sex is the core of this Archetype
- What will you compromise or sell to stay safe?
- Soul serves the earth more than heaven.
- Betray deepest calling for money and stuff.

How the Prostitute may look in each chakra:

Where do you sell your soul or hold to your highest principles?

Chakra 1 - Will not sell who they are out of loyalty to family or tribe, not a follower / Will betray their own truth for that of the tribe that keeps them safe and on the side of majority, be what is expected

Chakra 2 - Motivated by deep inner calling and passion, never sell out for money again / Will sell out their dreams and desires for the right price, money and power make their decisions

Chakra 3 - Actions are always challenged but principles are stronger than the flesh, highest possible integrity as they move up the ladder of power, self esteem, mature power / Will shape shift and lie with body and actions, sell their talents to the highest bidder, power is beauty and cleverness not inner wisdom, every new level of power leads to less integrity

Chakra 4 - Will always choose relationships from love and desire for union with the soul of their partner / Will always choose relationships for what the person has or is capable of or how the other can protect or serve them

Chakra 5 - Impeccable with their word, will never betray the self or other / Gossip and use words to get approval and attention, lies to create a false self, will say facts like they are truth, speaks wounds, will say whatever they need to get approval, love, attention, money, things

Chakra 6 - Sees the true self and purpose in every moment, ideas, creativity and genius are not for sale but for the good of all / Mind is used to gain in any way possible, mental tricks and powers become the self and are monetized, ideas go the highest bidder, or wishy-washy about what is right or wrong

Chakra 7 - Are willing to be called and never let material gain or lack of it block the power of true wisdom, sacred prostitute giving birth to all of life by trusting in their calling a guidance more than the temptations of life / See their highest purpose through how much control and money they have or lack there of, god punishes by taking away, will make a deal with the devil, “if I do this then you will...” bargaining with god constantly, sees a limited world, get what you can while you still have power, beauty, cleverness and influence, guidance is all lower chakras

ARCHETYPES BY PROFILE:

Thinker

Adept
Adventurer
Airhead
Alchemist
Analyst
Architect
Artisan
Artist
Beggar
Channeller
Child
Clown
Comedian
Comic
Counselor
Coward
Coward
Critic
Devotee
Disciple
Dreamer
Elf
Engineer
Entrepreneur
Examiner
Explorer
Fairy
Flake
Fool
Frantic
Geek
Golden Boy
Good/Bad girl/boy
Goofball
Gourmet
Gossip
Guide
Guru
Hermit
Iconoclast
Instructor

Jester
Journalist
Joyologist
Mad Genius
Mad Scientist
Magician
Master/Beginner
Medium
Minstrel
Monk
Muse
Musician
Mystic
Nature Boy/Girl
Nerd
Nervous Nelly
Networker
Nomad
Non-conformist
Perfectionist/OCD
Pixie
Pioneer
Playful Soul
Poet
Priest
Provocateur
Protester
Rebel
Revolutionary
Robot
Scholar
Scribe
Scientist
Sculptor
Seer
Seeker
Serial killer
Shaman
Sleuth
Socialite
Sorcerer
Sorceress
Space Cadet

Spazz
Spell caster
Sprite
Student
Synthesizer
Teacher
Therapist
Trickster
Tutor
Victim
Visionary
Wanderer
Wimp
Wise woman/man
Witch
Wizard
Writer
Zombie

Emotional **Intelligence** **Specialist**

Addict
Actor/Actress
Angel
Apprentice
Artisan
Artist
Attention whore
Beggar
Bitch
Caregiver
Child
Coward
Companion
Confidant
Consort
Coward
Cry Baby
Cupid
Damsel

Devil's Advocate
Dilettante
Dramatist
Enchantress
Fairy Godmother
Femme Fatale
Flip Flopper
Follower
Funky Diva
Gardener
Glutton
Girl Scout
Goddess
Gourmet
Gossip
Healer
Hedonist
Joyologist
Lover
Love Child
Loyalist
Martyr
Mermaid
Merman
Muse
Narcissist
Nervous Nelly
Networker
Nun
Playful Heart
Poet
Provocateur
Prostitute
Protester
Rescuer
Romantic
Saboteur
Seducer
Seductress
Sexpot
Slut
Slave
Snoop
Storyteller

Teacher
Tramp
Vagabond
Victim
Virgin
Wimp
Whiner
Wise woman/man

Team Player

Accommodator
Advisor
Advocate
Amateur
Ambassador
Apprentice
Beggar
Boy Scout
Caregiver
Clown
Comedian
Counselor
Companion
Coward
Confidant
Devotee
Disciple
Enthusiast
Facilitator
Fairy Godmother
Farmer
Father
Fluffier
Follower
Fool
Fraternity Brother
Gardener
Good/Bad girl/boy
Handyman/woman
Healer
Herald
Imp
Jester

Joyologist
Lover
Loyalist
Martyr
Masochist
Mediator
Monk
Musician
Nature Boy/Girl
Negotiator
Nerd
Nervous Nelly
Networker
Nun
Peacemaker
Playful Heart
Playful Soul
Puck
Puppet
Rescuer
Scapegoat
Scout
Servant
Settler
Sidekick
Slave
Socialite
Spoiler
Storyteller
Victim

Knowledgeable

Achiever

Adept
Advisor
Alchemist
Ambassador
Analyst
Archeologist
Architect
Athlete
Barbie Doll
Bitch

Boy Scout
Builder
Chief
Councilor
Competitor
Critic
Detective
Diplomat
Engineer
Entrepreneur
Facilitator
Father
Geek
General
God
Golden Boy
Guide
Guru
Herald
Hermit
Historian
Instructor
Investigator
Jailer
Judge
King
Knight
Leader
Master/Beginner
Mediator
Mentor
Midas/Miser
Minister
Nerd
Olympian
Parent
Patriarch
Perfectionist/OCD
Pioneer
Politician
Priest
Queen
Professional
Protector/abuser

Rescuer
Robot
Ruler
Samurai
Savior
Scholar
Scout
Scribe
Scientist
Sleuth
Soldier
Strategist
Student
Synthesizer
Teacher
Therapist
Tutor
Visionary
Wise Woman/Man
Wizard
Writer

Charismatic Leader

Activist
Actor/Actress
Addict
Adonis
Adventurer
Advocate
Amazon
Anarchist
Annihilator
Athlete
Attention whore
Avenger
Barbie Doll
Bimbo
Bitch
Black Widow
Buccaneer
Bully
Bureaucrat
Burglar
Casanova

Chameleon
Chaos
Calamity Jane
Comedian
Con Artist
Cowboy/Cowgirl
Criminal
Cruise Director
Defender
Debutante
Destroyer
Devil's Advocate
Dictator
Dilettante
Diva
Dominatrix
Don Juan
Dragon Lady
Dramatist
Emperor
Empress
Enchantress
Entrepreneur
Escape Artist
Evangelist
Exhibitionist
Exorcist
Femme Fatale
Firecracker
Fraternity Brother
Funky Diva
Gaia
Gambler
Gigolo
Glutton
God
Goddess
Good/Bad girl/boy
Gossip
Gunslinger
Gypsy
Hedonist
Hero/Heroine
Iconoclast
Jedi Master

Jester
King
Knight
Lair
Leader
Liberator
Lover
Magician
Manipulator
Mercenary
Mermaid
Merman
Messiah
Murderer
Musician
Narcissist
Networker
Non-conformist
Ninja
Nymph
Olympian
Party Girl/Boy
Performer
Pioneer

Politician
Porn star
Preacher
Predator
Prince
Princess
Provocateur
Prostitute
Protector/abuser
Protester
Queen
Rebel
Redeemer
Rescuer
Revolutionary
Robin Hood
Ruler
Saboteur
Seducer
Seductress
Serial killer
Sexpot

Shape-shifter
Siren
Slacker
Socialite
Soldier
Sorcerer
Sorceress
Sorority Sister
Spell caster
Spy
Storyteller
Survivor
Survivalist
Thief
Tramp
Trickster
Tyrant
Vampire
Victim
Wanderer
Warden
Warlock
Warrior