



## Practicum Assistant Information Sheet

In the third year at the Rhys Thomas Institute of Energy Medicine, all students participate in a Practicum with a volunteer. These volunteers are not family members and are not paying clients. They are assisting students in completing the requirements of their practicum, so we refer to them as Practicum Assistants (PAs). The purpose of the practicum is to help students to experience how far they have come in the program and their ability to assess and work with people in a transformational way.

The PAs are volunteering their time to help our students and should never be charged or pay for their healings. Our students are applying their skills and knowledge in a practical way and the PAs are the recipient of the healings as a way of students thanking them for their participation. A PA may want to write a letter of recommendation or review of the student after the practicum is done. This is not necessary or required but can be a great way for the students to receive feedback on their work with the client.

We ask students to work with someone they do not know so that the student has the chance to apply the assessment and energy management skills they have been learning for the past 3 years in real time. The point of the practicum is for students to discover deeper understanding of themselves and their purpose through healings. Doing this with a stranger with whom they are not familiar allows for more organic discovery and process to occur.

Students are expected to complete 8 sessions with their PA before the Chakra 4/5 weekend, usually in late February. The information shared and obtained in a session is held confidential though the student may ask for guidance and feedback from their teachers. However, they are expected to keep the anonymity of the PA in confidence. During the class weekend, the student will share their experience in a small group of their fellow classmates and a teacher. The focus is on what the student learned about themselves and their journey through the practicum process. They are instructed not to share intimate details about their clients and to protect the privacy of their PAs by not using names or personal information.

The practicum is an integral part of the RTIEM curriculum and is typically a highlight for students as they learn and integrate all they have learned in culmination before graduation. As teachers and staff, we appreciate your willingness to help our students with their healing journey.