| **RHYS THOMAS INSTITUTE – ENLIGHTENMENT CHART FOR LMT3** | | | | | | | | | | | | | | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | **1st**  **Chakra** | | **2nd**  **Chakra** | | **3rd**  **Chakra** | | **4th**  **Chakra** | | **5th**  **Chakra** | | **6th**  **Chakra** | | **7th**  **Chakra** | | **Physical**  **LP Point** | | **Spiritual**  **LP Point** | | **Aha!**  **Point** | **Soul**  **Point** | | **Inner**  **Light**  **Point** |
| **Primary  Profile** |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  |  |
| **Most Used Defense** |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  |  |
| **Vow** |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  |  |
| **Freedom Statement** |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  |  |
| **Excessive or Deficient Quality** |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  |  |
|  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  |  |
|  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **Secondary Profile** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **Archetype** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **Lower-Self Qualities** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **Higher-Self Qualities** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **Addictive Negative Pleasures** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **How this chakra supports your Big Why / Inner-Outer Goal** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **What**  **You Really**  **Want in this chakra** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **Don’t have a chakra for …and will let go of forever** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |
| **Goal to Come into Balance** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  |