

LMT2 ENLIGHTENMENT CHART WORKSHEET - CHAKRA 4

STUDENT NAME _____

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|---------------------------------------|---|
| | <h3>CHAKRA FOUR</h3> <p>Relationships -- represents how we come into and maintain relationships as well as our ability to hold love, compassion and forgiveness for ourselves and the people in our lives. Look at all the people in your life. Do they represent your heart chakra? Are there a lot of them? Few? How open are you with them in sharing your love? Around what issues do you need to forgive yourself or others? What is love to you? Do you share it with everyone you know?</p> |
| Primary Profile | |
| Most Used Defense | |
| Vow | |
| Freedom Statement | |
| Excessive or Deficient Quality | |
| Notes | |

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| | <h2 style="text-align: center;">CHAKRA FOUR (con't)</h2> <p>Relationships -- represents how we come into and maintain relationships as well as our ability to hold love, compassion and forgiveness for ourselves and the people in our lives. Look at all the people in your life. Do they represent your heart chakra? Are there a lot of them? Few? How open are you with them in sharing your love? Around what issues do you need to forgive yourself or others? What is love to you? Do you share it with everyone you know?</p> |
| Secondary Profile | |
| Archetype | |
| Lower-Self Qualities | |
| Higher-Self Qualities | |
| Goal to Come into Balance | |
| Notes | |