

LMT2 ENLIGHTENMENT CHART WORKSHEET- AWAKENING (AHA PT)

STUDENT NAME _____

	<h3>AWAKENING (AHA PT) - WAKING UP</h3> <p>This center represents your integrative force, where you have epiphanies, and this sense of soul purpose. It's your unified passion; how you pull all your gifts and energy together to awaken to your highest purpose. It represents the full present moment understanding of who we are, or a situation, or what to do all the way down to the cellular level. Its opening creates a Gestalt - an Aha! moment - an epiphany or realization of deep truth that is felt throughout the entire body. It is where all the soul, life purpose, body and mind come into a symphony of vibrations, the union of body, mind and spirit. The result is pure, unfiltered you. What are some of the epiphanies you have experienced? What do you know you should do but are not? What are you doing that you know you should not? (Those take up most of your energy needed to live your life purpose.) How can you discipline yourself to honor what you know? How much passion do you have? You are what you need to be passionate about!</p>
Primary Profile	
Most Used Defense	
Vow	
Freedom Statement	
Excessive or Deficient Quality	
Notes	

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Secondary Profile	
Archetype	
Lower-Self Qualities	
Higher-Self Qualities	
Goal to Come into Balance	
Notes	