Rhys Thomas Institute
Mission and Vision

"A human being is a part of a whole, called by us "universe", a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest... a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty." **Albert Einstein**

Personal Message: As many of you know, Albert Einstein, Deepak Chopra, Caroline Myss, Wayne Dyer, and the many other amazing teachers, guides and authors that have unknowingly contributed to the creation of the Rhys Thomas Institute, have been huge inspirations for me. It was back in 1998 when I was called to this work - called to be more than a tennis professional/business man, and called to reach beyond my own "kind of prison." That calling drove me to the craziest thing I had ever done, I enrolled in healer school. In 2005, after 7 years of training, study, and teaching, I quietly did the next craziest thing I have ever done. I realized my own extraordinary power was being a teacher and transformational school founder and I opened a small healing school so that I could share my knowledge and passion, and inspire others to discover who they are and create deeply fulfilling lives. Today that passion continues as reflected in my commitment to grow the school so that more and more people have the incredible opportunity to transform their lives, and in turn, help others do the same. Now I am called to do an even crazier thing, share this work world wide, and expand our community of awakened souls exponentially. In doing this I am modeling a consciously inspired businesses model for success. Let me share with you some information I have put together as a key part of that process.

Mission: The mission of the Rhys Thomas Institute is to support a new generation of people in finding an inspirational context to understand who they are, and what both their personal purpose and their purpose within humanity is, so they can realize deep soul fulfillment. This context allows their deepest soul feelings to call them in each moment to their highest purpose so they may become transformative elements in the world. Rhys deeply believes that this is the missing link that will support all other spiritual and personal growth practices and industries achieve the success they aspire to.

Vision: Within the next five years, Rhys Thomas Institute will become an international leader known for inspiring people to live a passionate life of integrity, compassion, deep connection, and love by awakening them to their extraordinary power and quality within and giving them the tools they need to express that quality fearlessly in the world to live an extraordinary life. Like Martin Luther King, anyone who fearlessly expresses their deepest truth and highest calling heals the world.

What is an Extraordinary Power? There is a unique and one of a kind power within each person that is their unbendable and non-negotiable soul quality of purpose that has existed forever within them. It is their life purpose. Cultivating and excavating that unique life purpose to shine as a beacon in the world as a presence and force is what the Rhys Method Process does and why the Rhys Thomas Institute exists. Who you are must be felt at the deepest internal level in each moment, and those feelings must be the source of your actions and purpose in the world. Actions linked to deep feelings are by nature passionate and makes every person a transformative element in the world. Helping people awaken the courage to be fearless in expressing their deepest knowing of who they are, their true extraordinary power, through being healthy, responsible, present, intimate, vulnerable and empowered is how we are building a new culture of awakened individuals.

What sets The Rhys Thomas Institute apart from others? There is no other school in the world that teaches what is taught at the Rhys Thomas Institute. Through Rhys' extensive 35 year career as a teacher he has created perhaps the most unique learning laboratories in the world to discover the essence of what inspires people to be great and discover what truly gives them a deep sense of inner purpose. His work with tens of thousands of athletes, healers, business people, families,

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and through his workshops and school have given him an insight into people that arguably no one else on earth can claim. His premier laboratory for this work is the 3-year Life Mastery Training laboratory where he and his highly trained staff investigate the powers hidden within every person. This has allowed Rhys to become one of the most knowledgeable people on the planet on the energetic truth and power lying dormant in people.

The Rhys Method® is a powerful process to have the direct experience of the soul an embodied reality, not simply a mental awareness. Paulo Coelho in the Alchemist says, "You have got to find the treasure so that everything you have learned along the way makes sense." The treasure is the direct experience of the soul and life purpose. Intellectual understanding is not enough to live a sense of purpose and to live an extraordinary life. Why each person is here on the planet must be felt as a moral imperative that flows through them in every moment and is felt as a calling. The process is a unified theory that bridges the full span of consciousness between body and soul and back again, then becomes the essential tool for application in the world of people. It is only through deep self-awareness and empowerment that individuals reawaken trust in humanity and the ability to walk in the world of families, people, corporations, and governments with an open heart. The process gives each person the power and courage to stand in their unbendable, non-negotiable core self and be a transformative element in the world.

A key part of this process is to reveal and validate the core soul profile of each student. That profile commands the person's laws of attraction, chakras, and archetypal expression and is the rock that a successful life is built upon. The master teachers in the institute nurture each students profile over the course of the 3-year program to build a level of self-esteem that no other self-development program can match. This is unique to the Rhys Thomas Institute. We are unbending in this mission, teaching each student to find and honor the power within their unique gifts and qualities. The result of this process is a permanent change in the person's ability to fearlessly be who they are in their relationships and businesses in an undefended way. We teach both by creating a safe healing environment where normal barriers to self-discovery are removed and by bringing together a soul group of people who cheerlead each other into standing fully in their life purpose. When an environment is created where feeding the soul as the primary purpose becomes the norm, a model for all future relationships is established. Never again does a person give away their power in relationships. This process rebuilds trust to move beyond old blocks and create enlightened relationships and alliances. It's not what you do in relationships with others that changes lives but who you are willing to be!

The transformational program uses five basic methods of experiential learning:

- Rhys Method® Crystal bowls – Soul awareness and the ability to feel your 12 levels of consciousness. To know who you are you have to feel who you are.
- Rhys Method® Chakras - To feel and see the universe you are imbedded in and where you embody the laws of attraction.
- Rhys Method® Life Purpose Profiles – The lens to see your most extraordinary life purpose qualities and the extraordinary life purpose qualities of others.
- Rhys Method® Full Spectrum Healings – To teach you how consciously focus your energy like a laser beam. To manage your energy you must be able to know how to move it, share it, ground it in relationships and toward good in the world.
- Building a Soul Group - The building of a supportive community of friends who see your core qualities and you see theirs as adults is very rare. Learning to build undefended, conscious and healthy relationships with classmates in the program become the model for all relationships. Long after the school work is completed, the relationships built within a class become a power growth and enduring support tool throughout the student's lifetime.

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The broadest goal of the school and the Rhys Method products and books is to model and inspire a movement of individuals who will awaken a new generation of people through their personal choice of enlightened relationships and consciously inspired work.



Rhys Thomas
Founder of the Rhys Thomas Institute

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